

Less doom.

More **BLOOM.**

Maya Frost Fall 2025

Collapse
...
Forward →

collapse → collaborate

fall together work together



Maya Frost
Founder,
Collapse Forward

- Creative strategist
- Adaptation activist
- Imaginative futurist

Maya Frost is a creative disruptor and strategist helping collapse-aware leaders turn dread into depth, discovery, dedication, and delight *despite everything*.

Inspired by her early experience of profound loss and her pandemic-era *pro bono* work with women around the world, she created a 30-day process that has transformed the lives of those struggling with devastating grief in 20 countries.

In the early 2000s, her playful, eyes-wide-open approach to mindfulness was featured in over 150 media outlets worldwide. In 2009, she took on traditional education in the U.S. in her book, *The New Global Student*.

A grandmother of six who has lived in seven countries, Maya is deeply committed to facing collapse with rewilded imagination and joyful collaboration.

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*“I lost the job I had loved for twenty years.
I spent months at home, watching terrible news.
I hit rock bottom, fearing for myself and the world.*

*Maya guided me through a creative re-imagining process. This inspired me, and led to me being offered an amazing new role!
I feel like a different person now. I honestly believe that this experience with Maya saved my life.”*

Maria - director of a U.S. community-building organization

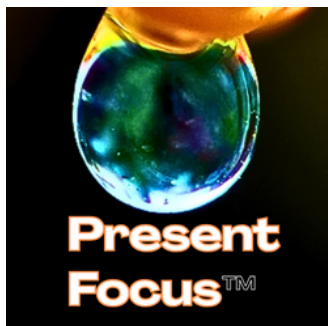
Collapse *Forward*

Collapse Forward is an imaginative futures design-and-do col-laboratory helping collapse-aware leaders, thinkers, and dreamers start good things now, right where they are.

With a unique blend of practices from:

- alternative education
- mindfulness training
- trauma-informed facilitation
- creative breakthrough coaching
- conflict resolution
- playful disruption

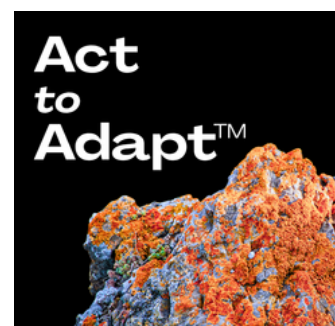
Collapse Forward offers practical tools and a clear and creative path from collapse awareness to crafted adaptation.



1-hour 1:1 session
for clarity and a
kickstart
US\$250



30-day 1:1
intensive w/90
days of support
US\$1500



3-month 1:1
co-creative
partnership
US\$3000

Details & testimonials at **MayaFrost.com**

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