

Less doom.

More **BLOOM.**

Maya Frost Fall 2025

Collapse
...
Forward →

collapse → collaborate

fall together work together



Maya Frost
Founder,
Collapse Forward

- Creative strategist
- Adaptation activist
- Imaginative futurist

Maya Frost is a creative disruptor and strategist helping collapse-aware leaders turn dread into depth, discovery, daring, and doing.

Inspired by her early experience of profound loss and her pandemic-era *pro bono* work with women around the world, she created a 30-day process that has transformed the lives of those struggling with devastating grief in 20 countries.

In the early 2000s, her playful, eyes-wide-open approach to mindfulness was featured in over 150 media outlets worldwide. In 2009, she took on traditional education in the U.S. in her book, *The New Global Student*.

A grandmother of six who has lived in seven countries, Maya is deeply committed to facing collapse with rewilded imagination, enlivened engagement, and joyful collaboration.

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*“I lost the job I had loved for twenty years.
I spent months at home, watching terrible news.
I hit rock bottom, fearing for myself and the world.*

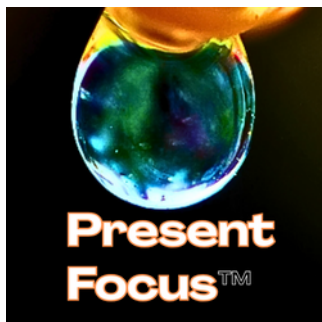
*Maya guided me through a creative re-imagining process. This inspired me, and led to me being offered an amazing new role!
I feel like a different person now. I honestly believe that this experience with Maya saved my life.”*

Maria - director of a U.S. community-building organization

Collapse *Forward*

Collapse Forward is an imaginative futures design-and-do consultancy helping collapse-aware leaders, thinkers, and dreamers seed and nurture their best possible next.

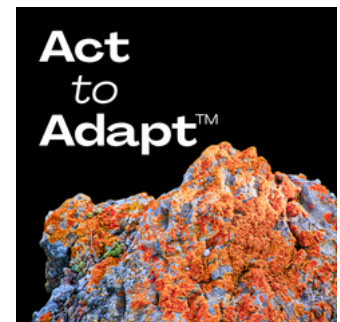
With a unique blend of practices from alternative education, mindfulness training, trauma-informed facilitation, breakthrough coaching, conflict resolution, and playful disruption, Collapse Forward offers practical tools and a clear and creative path from collapse awareness to crafted adaptation.



1 60-minute session for clarity and a kickstart.
US\$250



1:1 30-day intensive with 90 days of ongoing support.
US\$1500



1:1 3-month co-creative executive partnership.
US\$3000

Details & testimonials at **MayaFrost.com**

FCA/Collapse Forward
maya@mayafrost.com
+31-64-569-8453
Amsterdam
The Netherlands